St Catherine of Siena
May 2021 MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 3 | 4 | 5 | 6 | 7 |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Donuts | Honey Cereal | Muffin | Fruit loops | Bagel w/cream cheese |
| Orange | Granola bar | Pear | String cheese | banana |
| Lunch | Green Apple | Lunch | Gala Apple | Lunch |
| Bologna and Cheese | Lunch | Pizza | Lunch | Quesadillas |
| sandwich | Beef tacos | Green salad/ranch | Cheeseburgers | beans |
| carrots | Lettuce/salsa | Mixed fruit cups | Tater tots | Peaches |
| Fresh fruit | Peaches in a cup | 100\% Pineapple Juice | Fresh Fruit | 100\% Pineapple Juice |
| Cookie | 100\% Apple Juice | Snack | 100\%Fruit Juice |  |
| Snack: | Snack | Goldfish and milk | Snack |  |
| Pretzel and juice | String cheese and cracker |  | Graham crackers and milk |  |
| 10 | 11 | 12 | 13 | 14 |
| Breakfast | Breakfast |  | Breakfast | Breakfast |
| Cinnamon rounds | Frosted Flakes | Breakfast | Honey Nut Cereal | Poptart |
| Orange | Strawberry chex | Muffin | String cheese | banana |
| Lunch | Green Apple | pear | Red apple | Lunch |
| Chicken Fajitas | Lunch | Lunch | Lunch | Bean Tostadas |
| Tortillas | Spaghetti | Pepperoni | Chicken Alfredo | Lettuce/salsa |
| Bell peppers | Green beans | Pizza | Broccoli | Fresh fruit |
| Brownie | Bun | Corn | Dinner Roll | 100\% Apple Juice |
| Snack | 100\% Apple Juice | 100\% Apple Juice | Pears |  |
| Carrots and juice | Snack <br> Apple and string cheese | Snack <br> Cereal and milk | Snack <br> Muffin and milk |  |
| 17 | 18 | 19 | 20 | 21 |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Cheerios Breakfast | Trix Cereal | Chocolate Cinnamon | Coco puffs cereal | Bagel |
| bar | Granola bar | Round | String cheese | Banana |
| Orange | Green apple | Pear | Red apple | Lunch |
| Lunch | Lunch | Lunch | Lunch | Sack lunch: |
| Orange Chicken | Pizza | Hot dogs and | Bologna and cheese | P And J Sandwich |
| Rice | Corn | Hamburgers | sandwich | Carrots |
| Broccoli | Peaches Cup | Macaroni salad | Potato chips | Cookie |
| Pears | 100\% Apple Juice | Lettuce and tomatoes | Fresh fruit | Apple |
| Fortune cookie | Snack | Mixed Fruit |  |  |
| Snack <br> Muffin and milk | Cereal bar and milk | Snack <br> Apple and raisins |  |  |
| 24 | 25 | 26 | 27 | 28 |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Strawberry Pop tart | Honey Nut Cereal | Banana Muffin | Fruit Loops cereal | Oatmeal Chocolate Bar |
| Orange | Strawberry Chex | Pear | Sting cheese | Banana |
| Lunch | Crackers | Lunch | Red apple | Lunch |
| Turkey and cheese | Green apple | pizza | Lunch | Mac and cheese |
| sandwich | Lunch | Cucumbers | Chicken w/Rice and | Carrots/ranch |
| Tater tots | Beef tacos | Pears | Broccoli | Cheesecake |
| orange | Lettuce/salsa | 100\% Pineapple Juice | Mixed Fruit Cup | Fresh fruit |
| cookie/chips | Mixed Fruit 100\% Apple Juice |  | 100\% Fruit Juice |  |

## Menu is Serve Only:

All lunch meal options come with: All breakfast served with a fruit and 100\% Orange Juice:
Fresh fruit/ applesauce/ fruit smoothie/ 100\% fruit, pineapple, apple, or orange juice.
Milk: (1) $1 \%$ white and (1) fat free white or fat free chocolate for breakfast and for lunch, separately.
Other Condiment: ketchup/ ranch/ mustard/ mayonnaise.
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